



March 2023

Woodrow Wilson

Pre-K Lunch

MONDAY

Maschio's Daily Swap Outs:

- Cereal Bag
- Bagel Bag with Cheese

TUESDAY

Pre K Lunch Served with Choice of:

- Assorted Chilled Fruit
- Fresh Fruit
- 1% White Milk
- Fat Free White Milk

WEDNESDAY

1

- Sweet and Sour Popcorn Chicken
- Vegetable Lo Mein
- Vegetable Egg Roll

THURSDAY

2

READ ACROSS AMERICA DAY

- Hot Open-Faced Turkey Sandwich
- Mashed Potatoes with Turkey Gravy
- Steamed Peas

FRIDAY

3

Pizza Day

- Personal Pizza
- Fresh Veggie Dippers

6

- Hamburger on a Bun OR Cheeseburger on a Bun
- Tater Tots

7

New Recipe

DIG IN - School Breakfast March 6-10 2023

Brunch for Lunch

- French Toast Bake
- Mixed Berry Compote
- Cheese Omelet
- Breakfast Sausage

8

New Recipe

Registered Dietitian Day

Women's Day

- Mediterranean Rice Bowl

9

National Nutrition Day

- Pasta with Meat Sauce
- Roasted Garlic Green Beans

10

Pizza Day

- NY Style Pizza
- Freshly Prepared Caesar Salad

13

MEATLESS Monday

- Creamy Mac & Cheese
- Herb Breadstick
- Broccoli Dippers

14

Taco Tuesday

- Beef Tacos
- Fiesta Rice & Beans

15

- Hot Dog Sliders
- Vegetarian Baked Beans

16

Brunch for Lunch

- French Toast Sticks
- Breakfast Sausage
- Breakfast Potatoes

17

No School

No School

20

- Rodeo Burger on a Bun
- Emoji Fries

21

- Sweet and Sour Popcorn Chicken
- Vegetable Lo Mein
- Vegetable Egg Roll

22

Breakfast for Lunch

- Buttermilk Pancakes
- Breakfast Sausages
- Hash Browns

23

Triple Dipper Basket

- Chicken Fries
- Soft Pretzel Stick
- Crinkle Cut French Fries

24

- Twisted Cheesy Breadsticks with Marinara Sauce
- Fresh Veggie Dippers

27

- Mini Cheese Calzones with Marinara Sauce
- Three Bean Salad

28

- Chicken Nuggets
- Pumpkin Pretzel
- Crinkle Cut French Fries

29

- Beef Taco Scoop-A-Bowl
- Sautéed Peppers & Onions

30

- Chicken and Cheese Quesadilla
- Sweet Plantain
- Cinnamon Churro

31

Pizza Day

- French Bread Pizza
- Local Freshly Prepared Garden Salad

NATIONAL FARM WORKERS DAY

*Menu is Subject to Change

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!